

Associate Professor, Group Leader, Department of Biomedical Sciences, Faculty of Health and Medical Sciences, University of Copenhagen.

#### Education

-May 2016: PhD at Department of Nutrition, Exercise and Sports, UCPH.

-Nov 2011: MSc. Human Physiology, UCPH.

#### Previous positions:

-Jul 2016-Jul 2017 and Sep 2018-Mar 2023: Post-doctoral fellow and Assistant Professor in Section of Molecular Physiology at Dept. of Nutrition, Exercise and Sports, UCPH

-July 2017-Sep 2018: Post-doctoral fellow in Prof. David James' lab, University of Sydney, Australia.

-Jan 2015 – May 2015: visiting PhD student in Prof. Gregory Steinberg's lab, McMaster University, Canada.

-Oct 2011-May 2016: Research assistant and PhD Student in Section of Molecular Physiology at Dept. of Nutrition, Exercise and Sports, UCPH.

-Aug 2007-Jul 2009: Research assistant at Neuromuscular Research Unit in Professor John Vissing's lab at Rigshospitalet.

#### Selected awards and Funding:

-2015: Awarded the Gold Medal from University of Copenhagen for a Prize Paper entitled: "The role of AMP-activated protein kinase in regulation of muscle metabolism".

-2016-2021: Almost exclusively self-financed during my post-doctoral period through in total 4 years of post doc funding; 1 year from the Alfred Benzon Foundation (375,000 d.kr.) and in two different funding's from Danish Diabetes Academy 1+2 years (600,000 + 1,200,000 d.kr.).

-2021: Co-PI on 5.000.000 DKK from the Arla Food for Health and 3.000.000 DKK from the Danish Dairy Research Foundation.

-2202: Co-supervisor on 2/3 PhD-fellowship (1.100.000 DKK) to Josephine Kanta from Danish Cardiovascular Academy.

-2022: 5-year Excellence Emerging Investigator Grant Novo Nordisk Foundation 10.000.000 DKK

-2022: Selected to Board of Director at European Sports Nutrition Society